ANSWER KEY

UNIT 1

Lesson 1A

VOCABULARY

1A **1** b **2** a **3** a **4** c **5** b **6** c

1B
1 argumentative
2 rebellious
3 cheerful
4 outgoing
5 ambitious
6 adventurous
7 curious
8 stubborn

2
1 helpful
2 artistic
3 talented
4 emotional
5 realistic
6 likeable
7 experienced

GRAMMAR

3A
1 been calling
2 had
3 been having
4 visited
5 been studying
6 raised

3B
1 've/have (always) been
2 've/have been working
3 've/have had
4 has helped
5 've/have been practising
6 's/has been

3C
1 I've seen that new Wes Anderson film five times now.
2 You've been working on that report all morning!
3 Have you been anywhere interesting recently?
4 Ben's never tried horse-riding because he's scared of horses!
5 He's taken a year off to go travelling.
6 I've been looking for you for the last half an hour!

PRONUNCIATION

4A
1 She's never been
2 have you been
3 he been
4 I've been
5 She's been

LISTENING

5A The correct order is: c, e, d, a, b.

5B
1 personality traits
2 make important decisions
3 a model
4 fixed
5 feed into

5C Explore and experiment, find out what you like doing and who you identify with.

WRITING

6A
1 adventurous
2 risk-taker
3 indoor activities
4 music teacher
5 curious
6 extreme

6B Present perfect simple: I've actually changed, I've always been, I've taken up, I've changed, I've outgrown, I've changed, I've always had
Present perfect continuous: I've been channelling, I've been working

6C Sample answer: Have I changed as I've got older? I don't think my personality's all that different and it doesn't seem to change much in my work or in my personal life. I'm neither outgoing nor shy, though I can be more or less of those things depending on who I'm with.
I've had the same hobbies since I was a kid. I still love nothing more than dancing and playing music. Recently, I've taken up swimming, too, though I haven't been attending classes lately as I've injured my shoulder.
As for values, I think I've become more open-minded and judge other people less than I used to. I'd like to think people see me that way, too. I'm more likely to stand up for myself and others, as well.

Lesson 1B

VOCABULARY

1
1 remember every detail
2 short-term
3 heart
4 brought back memories
5 childhood
6 got

2A **1** c **2** b **3** f **4** e **5** a **6** d

2B
1 on the tip of my tongue
2 rings a bell
3 memory is playing tricks on me
4 refresh my memory
5 in one ear and out the other
6 slipped my mind

PRONUNCIATION

3A
1 short-term memory
2 perfect recall
3 childhood memories

GRAMMAR

4A
1 to meet
2 to set
3 getting up
4 going
5 to have
6 to lock

4B
1 to climb
2 to improve
3 setting off
4 to make sure
5 having
6 to reach

READING

5A 2, 3, 5, 6

5B **1** help us recall past events, learn from our mistakes, creating our identities
2 we wish that what we are saying is true, or we want our listener to think in a particular way ..., we might want to make them laugh or feel sorry for us
3 false memories
4 the 'audience-tuning' effect
5 fill in the gaps

5C **1** b **2** c **3** b

Lesson 1C

VOCABULARY

1A **1** about
2 of
3 of
4 by
5 on
6 into
7 of
8 about

1B **1** passionate about
2 nervous about
3 keen on
4 terrified of
5 fed up of
6 really into

HOW TO ...

2A Going on holiday / going backpacking together; Yes, they do.

2B **1** my kind of thing
2 not a big fan of
3 How about if we
4 I'd love to
5 don't want to
6 sound like a plan

PRONUNCIATION

3A and **3B**
1 I'm quite fond of boat trips, actually. They're a great way to see the city.
2 The kids aren't keen on trying unusual foods.
3 Dan's terrified of driving in foreign countries and so am I!
4 I'm not really into visiting museums. I find a lot of them really boring.
5 I always feel nervous about getting lost when I'm in a new city.
6 Katie's quite passionate about culture and the arts.

SPEAKING

4A **1** e **2** c **3** d **4** f **5** b **6** a

Lesson 1D

GRAMMAR

1A **1** d **2** a **3** f **4** e **5** b **6** c

1B **1** confident with friends, intimidated by people at work
2 to see you, too much work to do
3 meeting new people, not very sociable
4 my parents, walking home
5 mowed the lawn, cleaned the house
6 self-esteem, very confident

LISTENING

2A **1** e **2** c **3** b **4** a **5** d

2B **1** perfect combination
2 (usually) punctual
3 educational context
4 shy
5 feelings
6 negative emotions

2C To sum up, everyone has all five traits to a greater or lesser degree!

UNIT 2

Lesson 2A

VOCABULARY

1 **1** Smart
2 analyse
3 remotely
4 predicted
5 findings
6 Researchers
7 tech industry
8 virtual reality

2 **1** b **2** a **3** c **4** a **5** c **6** b

GRAMMAR

3A **1** definitely won't
2 unlikely
3 certain to
4 due to
5 may not
6 could

3B **1** is unlikely to
2 is going to
3 I'll ever attend / I'd ever attend
4 is certain to / will certainly
5 due to hand in
6 might find

PRONUNCIATION

4A **1** certain to
2 due to
3 going to
4 unlikely to
5 is going to
6 likely to

READING

5A **1** a 2 b 3 b 4 a 5 a 6 b

5B **1** T
2 T
3 T
4 F (She is amazed by it.)
5 F (She has not presented at a conference yet.)
6 T

Lesson 2B

VOCABULARY

1A **1** b **2** f **3** a **4** c **5** e **6** d

1B **1** woodland
2 river bank
3 open spaces
4 tracks
5 scenery
6 sunlight

GRAMMAR

2A **1** few
2 No
3 minority
4 little
5 a handful of
6 a few

2B **1** a handful of
2 A few
3 Every/Each
4 no / not any
5 lack
6 little
7 deal
8 few

PRONUNCIATION

3A **1** There's a lack‿of attractive green spaces in my town.
2 Only a handful‿of people I know live in the countryside.
3 I spend a good‿deal‿of my time outdoors.
4 Several‿of‿the beaches nearby are quite good.
5 Young people who like gardening are‿in‿a minority.

LISTENING

4A c

4B **a** 3 **b** 2 **c** 1 **d** 2 **e** 3 **f** 1

4C **1** T
2 F (She wasn't sure whether it was because of the garden or getting away from her desk.)
3 T
4 F (He became interested over time.)
5 T
6 T
7 F (She has a lot of new knowledge about plants.)

4D Now I grow all sorts of things on my balcony overlooking the sea.

WRITING

5A c

5B **1** Despite
2 While/Although
3 Although/While
4 However
5 However
6 despite

5C **1** **Although** ~~despite~~ I love living in the city, …
2 **However**, ~~Although~~ I'm starting to find it a little small.
3 **Although**/**While** ~~Despite~~ many people I know prefer renting, …
4 **Although**/**While** ~~However~~ there can be a great sense of community in villages …
5 **Despite** ~~Although~~ the fact that public transport is so good in the city,
6 **However**, ~~Despite~~ I'll admit it can be boring at times.

5E Sample answer:
Some people prefer to spend most of their time indoors, while others prefer to be outdoors. So, which is most beneficial for our well-being?
Let's first consider mental well-being. Although there's much to be said for snuggling down to binge-watch the latest hit TV series, or talking about our worries over coffee with friends, it's just as important to get mood-boosting fresh air in our lungs and sunlight on our faces.
Despite warnings, when it comes to physical well-being, many of us still don't get moving as much as we should. However, it isn't difficult to build in a few minutes' walk a day, even if sports aren't our thing.
Of course, the more exercise we do, the healthier our bodies become.
While indoor and outdoor activities are both advantageous for our well-being, I believe it is a combination of the two that benefits us most.

Lesson 2C

VOCABULARY

1 **1** unique
2 ordinary
3 harsh
4 rewarding
5 exhausting
6 tedious
7 modest

HOW TO …

2A what living on a tiny/small island is like; how going to live on the mainland will affect them; whether anyone will be living in the area in 100 years' time

2B **1** c **2** h **3** a **4** e **5** g **6** b **7** f **8** d

PRONUNCIATION

3 **1** way
2 fact
3 not
4 clearly
5 bound

SPEAKING

4A and **4B**
1 imagine
2 impression
3 fact
4 way
5 sure
6 bound

Lesson 2D

VOCABULARY

1 **1** finest
2 magnificent
3 mighty
4 precious
5 finest
6 astonishing

READING

2A **1** Yes
2 No (only in theory)

2B **1** incredible
2 (our) mistakes
3 space-time
4 face creams
5 (mathematical) calculations
6 laws of physics
7 dark matter
8 wormholes

2C b

REVIEW 1–2

GRAMMAR

1 **1** been learning
2 emailed
3 been
4 had
5 been working

2 **1** to repair
2 to save
3 to go
4 to get
5 going
6 to say
7 to retrain
8 to do
9 seeing

3 Suggested answers
1 Whereas/While/Whilst I enjoy writing stories, I don't have a brilliant imagination.
2 While/Whilst I'm actually quite shy, I love performing on stage.
3 Whereas/While/Whilst I can organise other people, I can't organise myself.
4 Whereas/While/Whilst I'm happy to listen to people's problems, I don't like giving advice. / I'm happy to listen to people's problems, whereas/while/whilst I don't like giving advice.
5 Whereas/While/Whilst I've never enjoyed playing football, I've always enjoyed watching it. / I've never enjoyed playing football, whereas/while/whilst I've always enjoyed watching it.

4 **1** to leave
2 going to happen
3 might not be
4 won't enjoy
5 will be able
6 will also be
7 won't need
8 be able
9 to meet
10 will give

5 **1** a little
2 lack of
3 aren't any
4 majority
5 Very few

VOCABULARY

6 **1** rebellious
2 argumentative
3 curious
4 adventurous
5 stubborn

7 **1** experienced
2 optimistic
3 reliable
4 emotional
5 practical

8 **1** recall
2 detail
3 memory
4 short-term
5 by heart

9 **1** rings a bell
2 go in one ear and out the other
3 playing tricks on me
4 on the tip of my tongue
5 refresh my memory

10 **1** up
2 of
3 into
4 about
5 on

11 **1** a **2** c **3** b **4** a **5** c

12 **1** research
2 predicted
3 analysis
4 researcher
5 scientific
6 remotely

13 **1** sunlight
2 river bank
3 deserted
4 woodland
5 scenery

14 **1** tedious
2 unique
3 modest
4 harsh
5 rewarding

15 **1** a **2** b **3** a **4** a **5** b

UNIT 3

Lesson 3A

VOCABULARY

1 **1** attending
2 line-up
3 acts
4 atmosphere
5 organisers
6 venue
7 attracts
8 festival-goers

2 **1** footprint
2 resources
3 recycling
4 emissions
5 renewable
6 power

GRAMMAR

3A **1** c **2** a **3** c **4** b

3B sentences 1 and 3

PRONUNCIATION

4A **1** Glastonbury Festival, which has been running since 1970, attracts over 200,000 visitors.
2 The band, who had never played to such a large crowd before, felt very nervous.
3 The headline act, which will perform this evening, is expected to draw a huge crowd.
4 Billie Eilish, who has sold over 5 million records worldwide, will be on stage at nine.
5 The orchestra, which is bigger than ever, will play on the Sticks stage this afternoon.
6 Woodstock, which took place over three days in 1969, was a turning point in music.

READING

5A green festivals, product quality, renewable energy, sustainable products, transport

5B **1** environmental policies
2 refill stations
3 go plastic-free
4 wind it up

WRITING

6A **1** to ask them to clean up after the festival

6B **1** f **2** a **3** e **4** b **5** c **6** d

6D See Ex 6A for a sample answer.

7A Sample answer:
In most towns and cities, people pay taxes and local governments use these taxes to maintain the local environment. While it would be good for people to look after their local environment, it would not work in practice.
The first reason is most people do not have time to tidy public gardens or clean up litter from the streets. People lead busy lives and do not have time for additional duties.
Also, some of these duties require skills or knowledge that most people do not have. Take looking after local woodland, for example. Most people would be unable to do that well.
Although people would probably look after their environment better if they had to do it themselves, I believe it is better for local governments to do this, by employing the right people with the right skills.

Lesson 3B

VOCABULARY

1A **1** b **2** a **3** c **4** c **5** a

1B **1** carry on
2 fall back on
3 came up with
4 put you off
5 ended up
6 put up with

2 **1** speak up
2 get your message across
3 spell out
4 coming back to
5 bring up
6 came across
7 pointed out that
8 move on from

GRAMMAR

3A **1** d **2** a **3** h **4** b **5** f **6** g **7** e **8** c

3B **1** b **2** c **3** a **4** c

PRONUNCIATION

4A **1** What I like watching are the less well-known acts.
2 It was Max who left the car unlocked, not me.
3 What sounds better to me is finishing on a minor chord.
4 It's you who likes Italian opera – that's why I got the tickets!

LISTENING

5A D, A, E, B, C

5B **1** F (She got confused.)
2 T
3 T
4 F (They had to leave it until the interval.)
5 F (Alex would have understood if they had.)
6 T

5C **1** disaster
2 thousand
3 shaking
4 worst
5 fright
6 forever

5D It was still a relief to get off stage at the end of the night.

Lesson 3C

VOCABULARY

1A **1** based
2 cast
3 set
4 scenes
5 ending
6 twist
7 costumes
8 soundtrack

1B **1** subtitles
2 set
3 twist
4 cast
5 scene
6 based

HOW TO ...

2A and stuff, bits, something like that, sort of, that kind of thing

2B **1** c **2** e **3** a **4** b **5** d

PRONUNCIATION

3A **1** getting caught up
2 sort of
3 based on
4 something like that

SPEAKING

4A **1** about
2 bit
3 and
4 of
5 or

Lesson 3D

GRAMMAR

1A **1** didn't
2 don't
3 did
4 do
5 Do
6 did

1B **1** do
2 doesn't
3 did
4 did
5 don't
6 do
7 do
8 does

LISTENING

2A **1** jazz (music)
2 a jazz musician
3 a music critic

2B **1** c **2** b **3** a

2C **1** improvise / make music up
2 uncomfortable
3 technique
4 messy and noisy
5 interesting history
6 good introduction

2D All right, well I think it's time we listened to some, don't you?

UNIT 4

Lesson 4A

VOCABULARY

1 **1** keep/stay
2 cut
3 expand
4 stay/keep
5 doing
6 did
7 worked
8 transformed
9 vary
10 keep

2A illness: allergies, asthma, food poisoning, run-down
treatment: antibiotics, first aid, medication, vaccine

2B **1** food poisoning
2 allergies
3 first aid
4 antibiotics/medication
5 vaccines/medication/antibiotics
6 run-down

GRAMMAR

3A **1** a **2** a **3** c **4** b

3B **1** have been
2 be celebrating
3 be having
4 be setting up
5 be going
6 have improved
7 have done
8 be writing

PRONUNCIATION

4A **1** I'll have finished
2 I'll have cut out
3 we'll have bought
4 we'll have eaten
5 you'll have graduated

READING

5A b

5B **1** T **2** F **3** T **4** F **5** F **6** T

5C **1** cell damage
2 (their) (hard-earned) cash
3 (another/a) marketing trick
4 ice cream

Lesson 4B

VOCABULARY

1A **1** exhausted
2 oversleep
3 dropping off
4 nightmare
5 snore
6 keep
7 sleeper
8 deep

1B **1** a **2** a **3** b **4** a **5** b **6** c

GRAMMAR

2A **1** d **2** a **3** e **4** c **5** b

2 **1** is suggested/has been suggested
2 is (generally) accepted
3 is (also) suspected
4 was (once) assumed
5 is now not/is not now considered
6 is defined/has been defined
7 is (more easily) understood
8 is observed/has been observed
9 was noticed
10 wasn't/hasn't been discovered

PRONUNCIATION

3B **1** It was thought that eating cheese before bedtime gives you nightmares.
2 It's been suggested that using your phone in bed makes it harder to drop off.
3 It's believed that up to fifteen percent of the population are sleepwalkers.
4 It's estimated that most people sleep for fewer than seven hours a night.

LISTENING

4A a phone-in show

4B **1** c **2** a **3** c **4** c **5** b

4C Thanks to all of our callers for their advice.

WRITING

5A nightmares, sleep positions, lack of sleep, sleep and disability, dreams, sleep behaviour and conditions

5B **1** a **2** d **3** e **4** c **5** b

5D Sample answer:
Some people fall asleep in seconds and wake up full of energy the next morning. Others take hours to get to sleep, wake up during the night and struggle to wake up the next day. Me? I'm a combination of the two. It's quite common for me, when I'm tired, to drop off within seconds. I can fall asleep on the sofa, on the train and even on my balcony. But at night, I can wake up an hour or two before my alarm goes off and then not get back to sleep.
So, what do I do? I try to relax, but my mind usually has other ideas. I try to focus on my breathing, but for some reason that just makes me feel anxious. I try every sleep position possible, but I can never quite find the right one. In the end, I usually just get up and start my day. I feel exhausted, but I can always have a nap later.

Lesson 4C

VOCABULARY

1
1 stamina
2 aerobic
3 Strength
4 low-impact
5 moderate
6 High-impact

2
1 challenge
2 encouragement
3 incentive
4 benefit
5 discipline
6 confidence

HOW TO ...

3A Different kinds of exercise.

3B **1** PA **2** A **3** D **4** A **5** A **6** A

PRONUNCIATION

4A The main stress is on *point* in all three sentences.

SPEAKING

5A
1 couldn't agree
2 you mean
3 point
4 disagree
5 your point
6 other hand

Lesson 4D

VOCABULARY

1
1 Time is running out
2 just in time
3 window of opportunity
4 not a moment too soon
5 is still under threat
6 It's time to move on from
7 under threat
8 time

READING

2A to provide a balanced argument

2B **1** T **2** T **3** F **4** T **5** T **6** F **7** T **8** F

REVIEW 3–4

GRAMMAR

1
1 the theatre where Nick
2 the girl we met at
3 the guy whose car
4 which opened last year
5 the hotel we stayed

2 **1** b **2** d **3** f **4** e **5** a **6** c

3
1 do
2 did
3 do
4 don't
5 does
6 did
7 does

4
1 be hearing
2 will have got used to
3 have fallen
4 will have shrunk
5 will have risen
6 will have increased
7 will have started
8 will have done

5 **1** a **2** c **3** b **4** c

VOCABULARY

6
1 line-up
2 atmosphere
3 organisers
4 attended
5 attracting
6 festival-goers
7 act
8 venue

7
1 footprint
2 recycling
3 emissions
4 resources
5 power

8
1 come up with
2 fall back on
3 live up to
4 messed up (all my lines) / messed (all my lines) up
5 putting (me off)

9
1 across
2 on to
3 up
4 back
5 out

10
1 ending
2 costumes
3 soundtrack
4 based on
5 twist

11
1 transform
2 sedentary
3 regular
4 stay
5 long
6 expand
7 vary
8 cut down
9 Keep
10 keep up

12
1 allergies
2 food poisoning
3 asthma
4 antibiotics
5 medication

13 **1** b **2** a **3** b **4** a **5** c **6** a

14
1 vigourous
2 moderate
3 stamina
4 aerobic
5 flexibility

15
1 incentive
2 motivation
3 confidence
4 discipline
5 challenge

16
1 future
2 time
3 moment
4 opportunity
5 Time

UNIT 5

Lesson 5A

VOCABULARY

1A
1 By the time
2 Up to that point
3 just moments earlier
4 for ages / for a while
5 for a while / for ages
6 In no time

1B
1 for a while
2 just moments earlier
3 By the time
4 for ages
5 Up to that point
6 in no time

GRAMMAR

2A **1** c **2** a **3** b **4** b

2B
1 had introduced
2 'd never seen
3 'd been working
4 'd been preparing
5 'd forgotten
6 'd spent
7 'd already reduced
8 'd been looking forward to
9 'd always planned

PRONUNCIATION

3A
1 'd been waiting
2 'd been looking
3 hadn't been swimming
4 Had he been climbing
5 He'd been standing
6 'd been asking

READING

4A and **B** Students' own answers.

4C
1 Elliott
2 Alex
3 Jitka
4 Alonzo
5 Elliott
6 Alex
7 Alonzo
8 Jitka

Lesson 5B

VOCABULARY

1A
1 reinventing
2 started out
3 switched
4 an entrepreneur
5 set up
6 advance

1B
1 reinvented
2 started out
3 part-time
4 retraining
5 Switching
6 advancing
7 setting up
8 entrepreneur

2
1 agriculture
2 social work
3 research
4 construction
5 journalism
6 Medicine
7 consultancy
8 publishing
9 Banking
10 accountancy

GRAMMAR

3
1 was hoping
2 had arranged
3 was planning
4 was considering
5 had finally decided
6 had always intended

PRONUNCIATION

4A
1 to‿open
2 to‿ask
3 to‿advise
4 to‿email
5 to‿own

LISTENING

5A Amanda

5B **1** T **2** F **3** T **4** F **5** F **6** T **7** F **8** T

5C Perhaps I don't need to give up on my hopes of becoming an astronaut just yet!

WRITING

6A **1** recommended
2 purpose
3 slight
4 conclude
5 outlines
6 appears

6B in favour

6D Sample answer:

Remote-working vs office-based roles

Introduction
This report looks at remote-working and considers whether it is more or less effective than working in an office.

Background
For decades, employees have worked in offices alongside their colleagues. However, in recent years, remote-working has become much more popular due to the availability of new software.

Main issues
Remote-working has many benefits. For employees, it reduces commuting time, which means more free time and a better work-life balance. They may feel their environment is less competitive, too. All of these things make employees feel happier. It seems that younger employees in particular like their working environment to be flexible. For companies, remote-working reduces their carbon footprint and their staff work harder and stay longer at the company.

Conclusion
To conclude, remote-working has many benefits for employees and employers. It improves employees' health and happiness, which makes them more productive. I therefore recommend that this company switch from office-based roles to remote-working. However, I suggest that the company provides employees with computer and software support.

Lesson 5C

VOCABULARY

1A **1** b **2** a **3** c **4** a **5** c

1B **1** delays
2 're frozen
3 a link
4 get into
5 host
6 on mute

HOW TO ...

2A **1** problem: microphone not working; solution: use headphones
2 problem: can't share screen; solution: leave meeting for a short time
3 problem: there's an echo; solution: turn volume down

2B **1** seems to be
2 don't you try
3 to work
4 Maybe you could
5 could try
6 worth a

PRONUNCIATION

3A Speakers 2, 3 and 5 feel certain about what they are saying.

SPEAKING

4A and **B**

Alfie: How's it going?
Sally: Well, we've got a load of jobs to do around the house today. There seems to be a problem with the washing machine. It's not emptying.
Alfie: Oh, dear. Maybe you could find a number for a plumber while I take a quick look? I doubt I'll be able to fix it, though.
Sally: Sure. There's something wrong with my bike brakes as well. I'll try replacing the brake pads. That might work because I'm sure they're pretty old now.
Alfie: Good idea. Actually, I can't get the games console working.
Sally: Why don't you try taking it to that repair guy?
Alfie: It might be worth a try …

Lesson 5D

GRAMMAR

1A **1** which
2 who
3 where
4 when
5 whose
6 which

1B **1** which
2 who
3 where
4 whose
5 when
6 which

LISTENING

2A **1** an online escape room
2 a virtual travel challenge
3 a virtual murder mystery

2B **1** b **2** b **3** a **4** c **5** b **6** a

UNIT 6

Lesson 6A

VOCABULARY

1A **1** substandard, misunderstood
2 redo, unnecessary,
3 disconnect, impractical

1B **1** im
2 re
3 un
4 mis
5 un
6 im
7 re

PRONUNCIATION

2B **1** impatient
2 disconnected
3 rewritten
4 impractical
5 substandard

GRAMMAR

3A **1** cutting
2 isn't
3 to stay
4 leave
5 to be done
6 to take

3B **1** needs to be cut / needs cutting
2 is not permitted
3 is not allowed
4 needs looking at / needs to be looked at
5 is not forbidden
6 is not allowed
7 allowed; to stay
8 permits

READING

4A c

4B **1** doing something you really enjoy and are fairly good at
2 conversation, noises and other activity around them
3 being more efficient
4 peace of mind
5 distractions

WRITING

5A A is the better set of notes.

5B Sample answer:

Benefits
Increased attention, learning, developing skills, better productivity & creativity, de-stressing, motivation, happiness.

Characteristics of flow
Activity needs to:
- be rewarding
- have achievable goals
- make you feel in control
- give you feedback straightaway
- give you peace of mind

Not all are needed at the same time.

When flow happens
Many areas of life, e.g. creative hobbies, sports, work, education.
Need clear goals, few distractions, challenge. Must be enjoyable.

How
Practise. Increase level of challenge and skill.

Lesson 6B

VOCABULARY

1A **1** suggested
2 admitted
3 questioned
4 refused
5 boasted
6 claimed

1B **1** suggested (that)
2 claimed (that)
3 to do
4 doing
5 criticised
6 for being

PRONUNCIATION

2A **1** admitted
2 threatened
3 asked
4 emphasised
5 suggested

2B **1** admitted
2 threatened
3 asked
4 emphasised
5 suggested

GRAMMAR

3A **1** b **2** c **3** b **4** c

3B **1** advised, to take
2 ordered, to stop
3 asked, to rearrange
4 instructed, to come
5 asked, to remind
6 advised, not to make

LISTENING

4A **1** c **2** b **3** a **4** c **5** a

4B **1** F **2** O **3** O **4** F **5** O

4C a

4D The psychology of people is so interesting, isn't it?

Lesson 6C

VOCABULARY

1A get: advice, involved, it wrong, something off your chest, the message, through to
take: advice, it personally, your mind off

1B **1** get something off
2 get the
3 take it
4 it wrong
5 take your mind
6 get through to
7 Take
8 get

HOW TO ...

2A **1** someone is trying to make a decision
2 someone is not getting enough sleep
3 someone keeps losing things

2B **1** do you think
2 you don't take this the wrong way
3 Perhaps you should
4 would you do
5 To be honest
6 should definitely
7 take it personally
8 I were you

PRONUNCIATION

3A **1** a **2** b **3** a **4** a

4A **1** should
2 get
3 would
4 want
5 might
6 don't

Lesson 6D

VOCABULARY

1A **1** Anyway
2 So
3 As I say
4 Mind you
5 OK, Right

1B d, b, e, c, a

READING

2A **1** f **2** e **3** a **4** c

2B **1** NM
2 T
3 T
4 T
5 F (We usually grow out of lying.)
6 NM
7 F (It is a complex process.)
8 T

REVIEW 5–6

GRAMMAR

1 **1** had been rushing
2 had never been
3 had been raining
4 had been living
5 had already seen
6 had known

2 **1** was planning
2 take
3 finish
4 to get
5 was meant
6 was hoping
7 becoming
8 going

3 **1** a **2** c **3** c **4** c **5** b

4 **1** needed cleaning
2 weren't allowed
3 is (no longer) permitted
4 was forbidden
5 couldn't eat
6 had to

5 **1** ordered us/them to sit down
2 advised me to ask the chemist for
3 asked me to pass her / asked if/whether I could pass her
4 told me to turn off the laptop when I'd finished
5 requested some further information

VOCABULARY

6 **1** by the time
2 up to that point
3 just moments earlier
4 for ages
5 for a while
6 in no time

7 **1** journalism
2 banking
3 publishing
4 reinvented
5 research
6 set up

8 **1** on mute
2 frozen
3 get into
4 host
5 delay
6 link

9 **1** impatient
2 misread
3 subheading
4 dishonest
5 redo
6 unrealistic

10 **1** denied
2 insisted
3 remind
4 accused
5 apologise
6 refused

11 **1** get
2 take
3 got
4 taken
5 get
6 taking
7 get
8 get

12 f, g, a, c, b, e, d

UNIT 7

Lesson 7A

VOCABULARY

1 **1** year-old
2 respected
3 famous
4 lasting
5 hand
6 consuming
7 changing
8 consuming

2 **1** b **2** a **3** c **4** a **5** b

GRAMMAR

3A **1** b **2** a **3** c **4** a

3B **1** couldn't have got
2 couldn't/can't have happened
3 couldn't/can't have had
4 must have been
5 could have had
6 can't have been
7 must have made

PRONUNCIATION

4A **1** can't have
2 must have
3 couldn't have
4 must have
5 might have

READING

5A brain injury, illness/dementia, savant syndrome

5B **1** g **2** b **3** e **4** a **5** f **6** c

Lesson 7B

VOCABULARY

1A **1** a piece of cake
2 miss the boat
3 a blessing in disguise
4 the grass is always greener on the other side
5 back to the drawing board
6 not be someone's cup of tea

1B **1** b **2** a **3** a **4** a **5** c **6** b

PRONUNCIATION

2A **1** a piece of cake
2 a blessing in disguise
3 isn't my cup of tea
4 The grass isn't greener
5 go back to the drawing board
6 missed the boat

GRAMMAR

3A **1** I'd had
2 we lived
3 should have
4 would
5 I had
6 shouldn't have

3B **1** hadn't tried
2 had worked
3 would have
4 have spoken
5 hadn't crashed
6 hadn't eaten

LISTENING

4A **1** b **2** c **3** a

4B **1** b, a, c
2 a, c, b
3 c, b, a

WRITING

5B b

5C **1** b **2** a **3** d **4** f **5** e **6** c

5E Sample answer:
The grass isn't greener on the other side
I'm not sure why, but we always seem to think that the grass is greener elsewhere. The truth is that often it isn't, and we need to be happier with what we have.
Last year, I met someone in the same industry as me. From her social media photos, her company seemed so much better, cooler and more fun than mine. So, I applied for a job there, and I got it!
But on my first day, I knew I shouldn't have changed jobs. The office wasn't as nice as it looked in the photos, and the staff didn't look quite as happy. The boss wasn't very nice either. I stayed there two weeks before I was completely sure that the grass had been greener in my old job. I begged my old boss to take me back. Luckily, she did.

Lesson 7C

VOCABULARY

1A **1** over/through
2 down
3 out
4 down
5 into
6 across
7 through
8 out

1B **1** c **2** a **3** a **4** c **5** b **6** b

PRONUNCIATION

2 **1** going over
2 figure out
3 slow down
4 go into
5 left out

HOW TO ...

3A a careers advisor; a professional online profile

3B b, f, c, e, a, d

3C **1** To begin with
2 This is optional
3 Be careful not to
4 The next step is
5 The final stage involves

SPEAKING

4A **1** begin
2 if
3 once
4 avoid
5 essential
6 recommend

Lesson 7D

GRAMMAR

1A **1** However
2 though
3 one, other
4 Through
5 though
6 however

1B **1** (al)though
2 However
3 On the other hand/(Al)Though
4 (Al)Though
5 On the one hand
6 on the other hand

LISTENING

2A **1** c **2** b **3** a **4** c **5** b **6** a

2B and **2C**
1 T **2** T **3** F **4** F **5** F **6** T

UNIT 8

Lesson 8A

VOCABULARY

1 **1** gone
2 have
3 make
4 have
5 made
6 goes

2 **1** condition
2 spacious
3 fashionable
4 stylish
5 character
6 elegant

GRAMMAR

3A **1** Having worked
2 Having finished
3 Sitting
4 Not having completed
5 Opening

3B **1** Having cleaned
2 Having finished
3 Panicking
4 Having promised
5 Having left

PRONUNCIATION

4A **1** Having rented throughout his thirties
2 Looking out of the window
3 Having worked at the company for fifty years
4 Thinking about their future
5 Having lived in many different places

READING

5A sense of community

5B for: cheaper, you get more for your money, better for your mental health, access to nature
against: lack of (local job) opportunities, lack of nightlife, poor public transport, money saved on rent often goes on a train ticket, long commutes into the city, too quiet/lack of cultural amenities

WRITING

6A an estate/property agent

6B I would like to apply for the role of ….. as advertised; I am experienced in; I would now like to take the next step; I believe I would be suited to this role; good knowledge of

6D Sample answer:
Dear Sir or Madam,
I am a recent business graduate looking to start an exciting career at an estate agency. I am writing to apply for the position of trainee sales negotiator at your company.
I graduated from the University of Lancaster in June. Since then, I have been working at the office of estate agents Bewster & Barrett as an assistant to one of the sales agents. My role involves calling or emailing clients to inform them of new properties they may be interested in, and showing them around these properties.
I believe in good customer service and communication. I feel strongly that if you listen carefully to your clients and your colleagues, you can find exactly what your clients are looking for. While I do not have direct sales experience myself, I have been observing the agents at my company and I am keen to learn more.
Attached is my CV which will provide you with additional information about my qualifications and work experience. I have always worked part-time alongside my studies and have demonstrated a high level of professionalism in those jobs. I can provide references to confirm this. I can also be available for a job interview at your convenience.
I look forward to hearing from you.
Your sincerely,
Clara Coleman

Lesson 8B

VOCABULARY

1A **1** homelessness
2 endangered languages
3 justice
4 overcrowding
5 civil rights
6 global warming
7 literacy
8 unemployment
9 poverty
10 housing

1B **1** homelessness
2 unemployment
3 overcrowding
4 poverty
5 justice

GRAMMAR

2A **1** e **2** b **3** f **4** a **5** c **6** d

2B **1** Unless
2 if not
3 long as
4 Providing
5 condition

2C **1** Providing that
2 hadn't
3 may not have been
4 Unless
5 if

PRONUNCIATION

3A **1** thirty
2 now
3 taught
4 full

LISTENING

4A c

4B **1** signs
2 arrangements / appointments
3 Social
4 bedtime stories / audiobooks
5 library
6 illness

4C **1** T
2 T
3 F (She says they're 'quick and efficient' and 'basic functions of reading and writing'.)
4 F (She says they should be 'encouraged to access a wide variety of materials, including websites.)
5 T
6 T

4D In conclusion, by working together, we can tackle literacy problems head on.

Lesson 8C

VOCABULARY

1A **1** On the whole
2 In order to
3 by far
4 at the same time
5 In fact
6 out of control

1B **1** in order to
2 In fact
3 at least
4 On the whole
5 At the same time
6 by far
7 out of control

HOW TO ...

2A c, a, b

2B **1** by saying
2 main reasons
3 As a result
4 led to
5 impact of this

PRONUNCIATION

3A **1** I'd like to start off by saying / that I completely agree / that social media / has killed the art of conversation.
2 Firstly, / we no longer have to interact face to face / with people who disagree with us.
3 Secondly, / whereas in the past / we had to call or arrange to meet someone we hadn't spoken to in a long while, / now we can just fire off a quick message online.

SPEAKING

4A **1** start
2 evidence
3 example
4 impact
5 point
6 true
7 Firstly
8 secondly

Lesson 8D

VOCABULARY

1A **1** c **2** e **3** d **4** a **5** f **6** b

1B **1** got a big heart
2 get somewhere to live
3 get to the other side
4 get your confidence back
5 get your life back together
6 get out

READING

2A **1** homelessness
2 climate change
3 endangered languages
4 lack of affordable housing
5 literacy

2B **1** washing machines
2 bicycles
3 over 700
4 design and build
5 self-esteem

REVIEW 7–8

GRAMMAR

1 **1** a **2** b **3** a **4** b **5** a **6** c

2 **1** had
2 had told
3 have practised
4 wouldn't/didn't bark
5 could/would visit
6 shouldn't have taken

3 **1** e **2** b **3** d **4** a **5** c

4 **1** Arriving in the capital, many young people struggle to find work.
2 Having moved to the city, Miguel was surprised by how noisy it was.
3 Having finally finished the report, Sally left work on time for once.
4 Being brought up with much older siblings, Teddy grew up really fast.
5 Spending so many hours in the gym, Tina was always too tired to walk home.

5 **1** on condition (that) you only stay
2 in conversation unless
3 and meet you providing (that)
4 go well as long as
5 couple of hours provided (that)

VOCABULARY

6 **1** nineteen-year-old
2 by chance
3 life-changing
4 fortunate
5 all-consuming
6 world-famous

7 **1** not my cup of tea
2 a blessing in disguise
3 back to the drawing board
4 was a piece of cake
5 missed the boat
6 the grass is always greener on the other side

8 **1** down
2 into
3 down
4 over/through
5 through/over
6 across
7 out
8 out

9 **1** went
2 went
3 make
4 made
5 made
6 had

10 **1** exclusive
2 secure
3 spacious
4 elegant
5 character

11 **1** b **2** d **3** f **4** a **5** e **6** c

12
1 by far
2 on the whole
3 at the same time
4 out of control
5 At least
6 in order to

13 **1** a **2** c **3** c **4** a **5** b **6** c

CUMULATIVE REVIEW 1–4

GRAMMAR

1
1 How long have you been learning the violin?
2 Have you ever been to Russia?
3 I've been going to bed much later recently.
4 I've been waiting here for the last two and half hours!
5 Ali has seen the new *James Bond* film three times.

2
1 buying
2 to invite
3 waking
4 practising
5 to travel

3
1 'll
2 unlikely to
3 might
4 going to
5 certain to

4
1 where
2 –
3 whose
4 which/that
5 –

5
1 It was
2 What was / What is
3 What
4 was
5 It was
6 what's

6
1 have finished
2 be working
3 have finished
4 have spoken
5 have finalised

VOCABULARY

7
1 stubborn
2 curious
3 adventurous
4 ambitious
5 argumentative

8
1 practical
2 experienced
3 relaxed
4 reliable
5 optimistic
6 realistic

9
1 virtual reality
2 smart
3 findings
4 analyse
5 remotely

10
1 transform
2 keep/stay
3 stay/keep
4 do
5 expand
6 keep

11
1 unique
2 modest
3 ordinary
4 tedious
5 harsh

12
1 organisers
2 carbon footprint
3 attracts
4 festival-goers
5 renewable
6 venues
7 acts
8 sustainable

HOW TO ...

13
1 about
2 fan
3 not
4 into
5 What
6 be

14
1 thought
2 impression
3 sure
4 way
5 fact

15
1 so
2 of
3 stuff
4 and
5 kind/sort
6 or

CUMULATIVE REVIEW 5–8

GRAMMAR

1
1 had eaten
2 had left
3 had been doing
4 had been ringing
5 had always loved

2
1 was supposed to see
2 was going to go
3 was considering getting
4 was expecting to see
5 were planning to go

3
1 had to
2 permitted
3 couldn't
4 allowed
5 must

4
1 can't have been
2 must have been
3 might (always) have had
4 must have decided
5 couldn't have travelled

5
1 we'd left
2 have told
3 I'd tried
4 had told
5 they'd be

6
1 Waking
2 Climbing
3 unlocked
4 Sitting
5 Having

VOCABULARY

7
1 accountancy
2 retrain
3 started out
4 advancing
5 publishing

8
1 impatient
2 rewritten
3 subheading
4 dishonest
5 misunderstood

9
1 suggested
2 denied
3 insisted
4 refused
5 regret

10
1 world-famous
2 widely respected
3 time-consuming
4 life-changing
5 long-lasting
6 fifty-eight-year-old

11
1 random
2 unfortunate
3 unexpected
4 by chance
5 fortunate

12
1 get, across
2 figure, out
3 leave out
4 talk, through
5 go over

13
1 secure
2 character
3 spacious
4 exclusive
5 condition

14
1 endangered
2 literacy
3 housing
4 homeless
5 poverty

HOW TO ...

15
1 get
2 wrong
3 problem
4 worth
5 Why
6 might

16
1 advice
2 hope
3 suggest
4 might
5 should

17
1 begin
2 step
3 you've
4 It's
5 be
6 want
7 stage

CUMULATIVE REVIEW 1–8

GRAMMAR

1 **1** h **2** b **3** a **4** e **5** f **6** c **7** d **8** g

2
1 few
2 handful
3 majority
4 good
5 all
6 number
7 each
8 little

3
1 did used to like
2 do really like this song
3 of concerts, but I do
4 don't still work at
5 do want to go

4
1 is, accepted
2 are expected
3 is recommended
4 was thought
5 was believed
6 has been reported
7 was decided
8 is suggested / has been suggested

5
1 which was a surprise.
2 which is a relief
3 who I get on well with
4 which was extremely boring
5 which was annoying
6 which seems unfair
7 which is great to hear
8 who he enjoys being taught by

6
1 said, looked
2 advised, was
3 warned, were
4 recommended being
5 suggested following
6 wished

7
1 However
2 Although
3 Though
4 although
5 Although
6 Though
7 Though
8 However

8 **1** on condition (that) they are over one metre tall.
2 Your lunch will go cold unless you
3 I'll go with you to the concert provided (that) we don't stand
4 as long as we leave right now
5 So long as you are home by ten o'clock,

HOW TO ...

9 **1** point
2 fair/good
3 hand
4 mean
5 take/see

10 e, c, d, a, b

VOCABULARY

1 **1** ear
2 recall
3 memories
4 detail
5 heart
6 mind
7 tricks

2 **1** about
2 of
3 of
4 on
5 of

3 **1** research
2 prediction
3 virtual
4 remotely
5 analytically
6 scientist

4 **1** coastline
2 woodland
3 track
4 deserted beach
5 river bank

5 **1** f **2** a **3** d **4** c **5** b **6** e

6 **1** came
2 carry
3 messed
4 live
5 came
6 put

7 **1** soundtrack
2 subtitles
3 cast
4 twist
5 based
6 ending

8 **1** b **2** c **3** a **4** c **5** b

9 **1** benefits
2 sleep
3 high-impact, exhausted
4 challenge
5 moderate

10 **1** time
2 threat
3 moment
4 time
5 opportunity

11 **1** internet connection
2 frozen
3 host
4 invite
5 echo
6 delay

12 **1** got
2 take
3 got
4 take
5 got

13 **1** d **2** c **3** a **4** e **5** b

14 **1** made
2 have
3 make
4 go
5 went

15 **1** In order to
2 on the whole
3 By far
4 At least
5 out of control